



The Josephite Chronicle

St Joseph's School CBSE
Biannual Newsletter

March 2021
Vol - 5 Issue - 1

PRINCIPAL'S MESSAGE



Dear Readers,
In an increasingly interconnected world, crisis throws up profound questions for us— as individuals, communities, organizations, societies, nations, and indeed, as the human race. From climate change to religious polarization, from the refugee crisis to COVID-19, humanity is being challenged as never before.

A challenging year has gone by. A year that was filled with lots of uncertainties, fear, anxiety and stress. Yet we are happy that we have survived this year against all odds. We have faced all the uncertainties with grit and courage. We the teachers, students and parents had to confine ourselves to our homes.

Waves of crisis have challenged humanity through the ages, but resources and insights have always sprung up in response.

Throughout history, crisis of different forms have challenged humanity. Some are political or economic crisis; others are natural disasters or social crisis. How we interpret, react and bounce back from the crisis of today is what will define how we survive the crisis of tomorrow.

Despite of all the difficulties, we had begun our academic year in a different way. We moved from physical class rooms to digital classrooms

We were exposed to the new paths. It was a golden opportunity for us to use our creativity and to explore the new paths. The number of activities that we had during this academic year were on an online mode. I take this opportunity to thank and salute all the teachers for their creativity and innovation.

I liked this poem written for the teachers which speaks volumes about their contribution. They did not give up.

To all the Teachers

From handholding to screen sharing
From chalk to chat
From blackboard to whiteboard
From real to virtual

The journey was difficult but YOU did not give up.

From offline to online
From keep quiet to speak up
From no mobile to turn on your mobile
From conventional to technical.

The journey was difficult but YOU did not give up.

From notebook to screenshot
From teachers assessment to self-Assessment
From classroom to zoom
From school to home

The journey was difficult but YOU did not give up.

Taking the leaf from the teachers our students also did not give up. They have given their best in gaining knowledge. I thank all the parents who encouraged the students and supported the teachers in every way.

- Rev. Fr Rohan D'Almeida

GLOBAL SUMMIT EXPO AWARDS 2020



St Joseph's School CBSE has been awarded by Global Summit Expo Awards 2020 which promotes excellence at the Global Education Skills MSME and Entrepreneurship Virtual Summit 2020 which was held on 12th August 2020. The main focus was "Making Education Relevant" and aimed at rewarding schools and higher education institutions for their innovation and achievement. Individuals were awarded for their outstanding contribution to the education and skill development sector. Our school is the proud recipient of two awards:

- The school was awarded for being the **Best in Extra-curricular Activities.**
- The Principal Rev Fr Rohan D'Almeida was awarded for **Outstanding Contribution to the Society.**

FIRST BATCH CLASS 10 RESULTS



The academic year 2019-20 was a landmark year for St Joseph's School CBSE as the very first graduating batch of Class 10 took up their board exams. The focus while was not only on achieving excellent academic performance; but also on the holistic well-being of the children. The result of Class 10 exam was announced by the CBSE Board on 15th July 2020 and the first batch of class 10 did the school proud by securing 100% results with every student of the batch 2019-20 securing a First Class.

FAREWELL TO FORMER VICE PRINCIPAL



The farewell to former Vice-Principal and Finance Officer, Rev Fr Balaraju was organised by the Management and staff of the School on 8 May in the school boardroom. The dignitaries Rev. Fr Balaraju SJ, Rev. Fr Leo Pereira SJ, the Rector of SJII and Rev. Fr Rohan D'Almeida SJ, the Principal were welcomed with a traditional Arathi and Sandalwood tilak, which was followed by a prayer. Farewell commenced with a felicitation to appreciate and express gratitude to Fr Balaraju SJ, for his service at school. Thoughtful speeches were made by the dignitaries & staff praising the Noble traits of Fr Balaraju. The celebration concluded with a video presentation of Fr Balaraju's journey & memories at SJS CBSE; and wishing him good luck for his new responsibilities at Loyola School, Sindagi, Vijayapura.

FAREWELL TO FORMER RECTOR



A farewell ceremony was organized on 22nd May in honor of former Rector of St. Joseph's Indian Institution, Rev Fr. Leo Pereira in the school boardroom.

A Traditional welcome was extended to Rev Fr. Leo Pereira along with our Dignitaries such as the new Rector Rev Fr. Joseph Rodrigues and Principal Rev Fr. Rohan D'Almeida, teaching, administrative and support Staff; which was followed by a prayer and felicitation to Fr Leo.

The staff expressed their wishes and gratitude towards Rev. Fr. Leo Pereira and his extraordinary service in this esteemed institution. Fr. Leo Pereira's journey at SJII was brought on screen as a video presentation which had premium collection of his photos and videos.

WORLD ENVIRONMENT DAY



World Environment Day 2020 assumed greater significance as the world battled the COVID-19 pandemic among other environmental disasters.

World Environment Day at St Joseph's School CBSE with the core premise of 'Time for Nature' began with various activities for students to be done at home. Josephites were encouraged to plant a sapling at home, and express their concern for environment in whatever means and ways available to them. Children participated in large number across classes and enthusiastically shared pictures of them planting saplings with great pride. They were also invited to write essays expressing their thoughts on this time for Nature. It was evident from the students' participation that they are aware of the environment and the nature around them like never before.

On 5 June 2020 - a celebration was held on the school grounds in the presence of the Chief Guest Fr Luminous, the coordinator of the Environment committee, the Rector Fr Joseph Rodrigues, and the Principal Rev Fr Rohan D'Almeida and a few members of the staff. The programme commenced with a prayer seeking God's Mercy in this difficult time. The dignitaries shared their experience of joy on looking at trees which they had planted as tiny saplings years ago, now fully grown and bearing fruits. The event concluded with the planting of a sapling at the school assembly gate and an oath to give the future generation a healthier and green environment.

INTER RELIGIOUS PRAYER SERVICES



The Inter Religious Prayer Services were organized virtually at regular intervals and during important

NEWS AT A GLANCE

festivals to promote harmony, peace and tolerance. Inter-religious Prayer Services were held online during the occasions such as Ganesh Chaturthi, Deepavali, Dussehra, Christmas, Nativity of Blessed Virgin Mary, etc. Priest Sri Venugopal Acharya, Br Khurshid Imam and Rev Fr. Rohan D’Almeida in their messages conveyed that the essence of all religions is the same and highlighted that HUMANITY, is above all religions and traditions. Students were enlightened with the values of religious tolerance and communal harmony through these prayer services.

INTERNATIONAL DAY OF YOGA



International Day of Yoga is observed on 21st June every year to spread awareness about the importance and benefits of yoga. The theme for International Yoga Day 2020 was “Yoga at Home and Yoga with Family”.

Yoga Day was celebrated quite differently this year due to the pandemic. The Physical Education department created a video presentation portraying various yoga asanas along with a brief description and benefit of those asanas. This presentation was sent to all the students to follow the same at home.

To observe this day on a larger scale, the CBSE board had conducted two competitions throughout the country. They were 'Online Quiz Competition' on Yoga and 'My Life My Yoga' Video Blogging Competition, of which our students actively participated.

WEBINAR-RISK IDENTIFICATION & MANAGEMENT OF SUICIDE AMONG ADOLESCENTS & YOUNG ADULTS

Drishti Webinar Series

SUICIDE AMONG ADOLESCENTS & YOUNG ADULTS: Risk Identification & Management

15th July, Wednesday
9930546249

5 pm to 6 pm IST
Google Meet

Speakers:
Fr. Rohan D'Almeida, Principal & Director, St. Joseph School, Bangalore
Dr. Heena Merchant Pandit, Consultant Psychiatrist & Professor, Sion Hospital, Mumbai
Dr. Kaneenica Ninawe, Clinical Psychologist, KEM Hospital, Mumbai
Dr. Smita Desai, Educational Psychologist & Founder, Drishti, Mumbai & Bangalore

A webinar on Risk Identification & Management of Suicide among Adolescents & Young adults was organised on the 15th July, 2020. The webinar was conducted by Drishti a professional organization that has been serving mainstream schools as well as the special education needs population since 1994.

The panellists for the webinar were Dr Heena Merchant Pandit, Consultant Psychiatrist & Professor, Dr Kaneenica Ninawe, Clinical Psychologist, Dr Smita Desai, Educational Psychologist & Founder of Drishti and the Principal, Rev Fr Rohan D’Almeida. The panellists covered topics such as Early Signs of Suicide, Prevalence rate, Impulsive behaviour and suicide, Mindset in Rural and Urban areas, Parenting styles, Myth and facts of Suicide and Intervention of suicide. School Counsellors, Psychologist, Special Educators, Parents, Teachers, Principals, Trustees, Students of B.Ed, Psychology and Special Education participated in the webinar.

WEBINAR-EDUCATION FOR CHILDREN IN THE PRE AND POST CORONA SCENARIO



A webinar on “Education for your children in the pre and post corona scenario” was organized on the 18th and 25th of July for the parents of the students from Pre Primary to Class 10.

The resource person for the webinar was the in-house school counsellor Ms Sheela Balan. The main focus of the webinar was to cope up with the transformation in the teaching-learning process and various coping mechanism to deal with the pandemic blues. The webinar concluded with a question and answer session with the facilitator.

WORKSHOP - COUNSELLING SKILLS FOR TEACHERS

A workshop on counselling skills for teachers was conducted by Drishti, through Google Meet in two sessions on the 24th and 28th July

St. Joseph's School CBSE

WORKSHOP ON COUNSELLING SKILLS FOR TEACHERS

Date: 24th July (Friday) & 28th July (Tuesday)
Time: 2:00 pm - 4:00 pm
Mode: Google Meet

Speakers:
Ms. Debarati Basak, Program Director, Drishti
Ms. Archana Sharma, HOD - School Counselling & Impact, Drishti

Contact: Ms. Sheela | 9731193731

2020. The session had two speakers, Ms Kalyani Govekar and Ms Archana Sharma.

The topics covered during the session included the myths and facts about counselling, guiding and enhancing basic skills of counselling such as listening, empathy, problem solving skills for teachers and how to sympathize and empathize with our children by understanding their situation

The session was very informative for the teachers and proved beneficial in enhancing their counselling skills to be a better guide, and a good facilitator in and around the classroom.

RECTOR'S BIRTHDAY



The staff of St Joseph's School CBSE celebrated the birthday of Rev. Fr Joseph Ignatius Rodriguez SJ, the Rector of St Joseph's Indian Institution on 23rd July 2020.

On this special occasion, Fr Joseph, was felicitated by the staff by draping a shawl and presenting a sapling. Rev. Fr Rohan D' Almeida, the Principal, shared his beautiful memories about Fr. Rector. The Rector encouraged the staff through his motivational words and thanked the staff.

IGNATIUS FEAST



It does not matter where we are, as long as God is with us! True to the above words of St Ignatius of Loyola, our Founder, the glorious tradition of celebrating the feast of St Ignatius of Loyola by initiating week long activities and competitions were not side-lined this year, instead it aimed at enriching and imbibing Ignatian values in each Josephite in a different way. A plethora of competitions was organised

for students like Drawing, Colouring the portrait of St Ignatius, Poster Making, Collage Making and Quiz. Even the parents were encouraged to participate in various competitions like Singing, Poetry, Video Presentation, Poster Making and Painting. The teachers were encouraged to participate in theme-based Family Selfie Contest, Essay Writing and Quiz.

Videos were presented by the Ignatian Week Committee; each video enabled the Josephites to be enriched in Jesuit values and ideals. Nine days prior to the feast, a quote by the founder was posted by Br. Mark each day as part of novena as 'Ignatian Insights'. A Webinar for the Staff on the theme 'Relevance of Ignatian Insights to our Context' was done by Fr Jossie D'Mello SJ on 25th of July.

On the feast day of St Ignatius of Loyola, a special Prayer Service was live streamed. The festive joy culminated in the live streaming of Festal Mass on YouTube celebrated by Rev Fr Jerome Stanislaus D'Souza SJ, the Provincial of Karnataka Jesuit Province.

INDEPENDENCE DAY



The 74th Independence Day was celebrated with great patriotism and gusto at St Joseph's School CBSE. The tricolor was hoisted by the Principal, Rev Fr Rohan D'Almeida SJ and floral tribute was paid to the portraits of Mahatma Gandhiji & Sri B R Ambedkar. Various age appropriate virtual competitions were organized for the students and parents. A video presentation which included a prayer for the nation, messages by the Rector and the Principal and patriotic songs was shared.

Institutional level celebration with the Chief Guest Rev Fr Joseph Rodrigues SJ, the Rector of St Joseph's Indian Institutions hoisting the flag in the august presence of the Institutional Heads of Various Units of SJII, members of the Inigo Sadan Community and a few staff members representing various units of St Joseph's Indian Institutions. The meaningful celebration included a Prayer for the Nation, Patriotic Song and a thought-provoking message by Rev Fr Joseph Rodrigues SJ explaining the need for National Integration. Independence Day programme was live streamed to enable the students & families to witness the same from their homes.

SCIPORE

SCIPORE has always been an unique platform to showcase the scientific temperament of the students. This year, due to the on-going pandemic, SCIPORE was hosted as a virtual science exhibition and organised an interesting webinar on the topic 'Science for us' on August 29, 2020. The chief guest for the webinar was Dr. Sandra Misquith, Associate Professor, Department of Biochemistry, St. Joseph's College (Autonomous) Bengaluru who shared thought provoking insights and ignited a sense of scientific curiosity and interest in all of us. Rev. Fr Rohan D'Almeida SJ addressed the gathering and encouraged the young scientists to continue having the same spark and creativity towards science. Students from class 1-10 participated in the Sciplore. Students were asked to select topic keeping in mind the availability of items at home, make models and conduct experiments under parental guidance; they had to shoot a video of themselves explaining the topic with their models prepared. The videos were then judged and awarded class-wise. This virtual exhibition provided a great platform for our students to discover their curiosity and present their scientific talents.



their teachers. The day wouldn't have been complete without the teachers participating in a fun filled online-games organized and acknowledging them with e-certificates for the remembrance of this day.

HINDI DIWAS



Hindi Diwas is observed on 14 September to commemorate the adoption of Hindi (written in Devnagri script) as the official language of the Republic of India by the Constituent Assembly in the year 1949. The staff and the students celebrated Hindi Diwas with great enthusiasm virtually. Principal Rev Fr Rohan D'Almeida addressed the viewers and explained the significance of the Hindi language; which was followed by various cultural presentation by the students.



TEACHERS' DAY

The 58th Teachers' day was a very unique and special kind of celebration as it was celebrated online.

The celebrations began at 9.30 am in the school quadrangle which was bedecked with a visual feast of kaleidoscopic rangolis. The celebrations began on a poignant note with the offering of

flowers to the portrait of Dr. Sarvepalli Radhakrishna. This was closely followed by a brief introduction of Teachers' day by one of the teachers. The celebrations were taken up a few notches higher when our principal delivered a profound speech on the significance of Teachers' day. A small video presentation by the PTA members, cultural programmes performed by the students of Pre-primary, Primary and High School, and a melodious performance by the ensemble choir team. But perhaps the crème de la crème of the entire celebrations was the creative ways in which our tiny tots joined along with higher grade students and wished

INVESTITURE CEREMONY



The Investiture Ceremony for the year 2020-21, was conducted online. Our virtual ceremony started with an introduction of this year's school council leaders and a prayer for them, followed by the oath which was administered by our Principal Rev Fr Rohan D'Almeida and the students. The house mistresses for this year took the oath as well, taking responsibility for their houses and captains. The video ended with a vote of thanks, and best wishes to the newly elected student council.

FUN AND FROLIC DAY

The Pre-primary team of St Joseph's School CBSE organized its first Virtual Fun 'n' Frolic for the tiny tots based on the theme "My Family" in September 2020.

An instructional video was sent to parents on 16 September, in which the teachers explained about various activities planned for the students and their families.

The activities planned were relevant to the theme. The pictures of these activities done by the students were collated and presented as a video to the kindergarten parents on 28 September 2020. Children enjoyed doing these activities with their families and was appreciated by all. The first Fun and Frolic of this academic year lived up to its theme and gave the little Josephites an opportunity to bond the family members.



WEBINAR-NATIONAL EDUCATION POLICY 2020: CHANGES AND CHALLENGES



St Joseph's School, CBSE and Karnataka Jesuit Higher and Secondary Education Commissions organised a webinar on National Education Policy 2020 on the 28th of August.

The resource persons for the webinar were Rev Fr John Kennedy, the Director of Jesuit Council for Educational Research and Training (JCERT) along with Rev Fr Melwyn D'Cunha, Principal of Loyola College,

Manvi and the Coordinator of Karnataka Jesuit Higher Education Commission and Rev Fr Rohan D'Almeida, Principal of St Joseph's School CBSE and Coordinator of Karnataka Jesuit Secondary Education Commission.

Rev Fr John Kennedy provided the highlights of the policy and critically analysed the policy. He also clarified the transformational reforms that the policy aims for in school, student, teacher and higher education. Fr John Kennedy SJ touched on key elements of NEP 2020, the universalization of education, new 5+3+3+4 curricular structure, integration of vocational education, holistic development of the student, and 360 degree assessment, by discussing its pros and cons. The webinar was attended by more than 400 participants which included Principals, Institutional heads,

Vice Principals of various Jesuit institutions, sister institutions and other schools and the members of the staff.

GANDHI JAYANTHI



Gandhi Jayanthi 2020, which marked the 151st birth anniversary of Mahatma Gandhiji was celebrated on October 2nd through an online program. The programme commenced with an inter-religious prayer for peace. It was followed by an introduction to the life of Gandhiji and a song in remembrance of the Father of our nation. The importance of the day was briefly explained and the videos of our students actively participating in Shramadhan, rendering help at homewhile adhering to the rules and guidelines during the pandemic.

The Principal, Rev Fr Rohan D'Almeida along with few teaching and non-teaching staff members gathered at school to pay respect to Mahatma Gandhi and Lal Bahadur Shastri. Fr Rohan shared his thoughts about both these freedom fighters in his address. The program concluded with the National Anthem.

PRINCIPAL'S DAY



The birthday of our beloved Principal, Rev Fr Rohan D'Almeida was celebrated on 26th October 2020 in the presence of the coordinators and the members of the birthday committee at the school boardroom. The celebration began with a prayer, cutting of cake, followed by a thoughtful video presentation which had wishes to Fr Rohan from his loved ones, the Rector and all the members of the staff. Father addressed the gathering with his wonderful words.

KANNADARAJYOTHSAVA

Kannada Rajyothsava was celebrated in November with great pomp and vigour on a virtual platform to cherish the rich cultural heritage of Karnataka. The chief guest of the



celebration was renowned Kannada poetess/writer, Mrs. H R Sujatha. The Principal, Fr Rohan D'Almeida SJ highlighted the significance of the day and the glory of Karnataka & the Kannada language. Chief guest in her speech also spoke about the glorious history of our State, Karnataka and emphasized importance of knowing and speaking Kannada. Students displayed their love for the state & language through various cultural programmes. Students paid tribute to the war heroes of our state remembering their martyrdom. Students participated in several virtual competitions which were organized on this occasion. The video clippings of the best performers/winners were collated and presented. Several eminent celebrities/artistes from Film and Television industry sent their wishes on this occasion.

CHILDREN'S DAY



Children's day was celebrated with great excitement and enthusiasm virtually due to the pandemic restrictions. Principal Rev. Fr. Rohan D'Almeida, in his address wished the students on their special day, reminded them that the day commemorated the birthday of India's first prime minister, Pandit Jawaharlal Nehru, who loved children.

The significance of the day was also highlighted by the teachers. Teachers organized and enacted a short, humorous & meaningful skit portraying the importance of school life and friendship in the lives of children during the pandemic and post pandemic time. The Members of the PTA too entertained the students by expressing their love through music. The event concluded with a display of images and videos of the activities done & shared by the students as they participated in various age appropriate online competitions.

NATIONAL HERITAGE AND INTEGRATION DAY

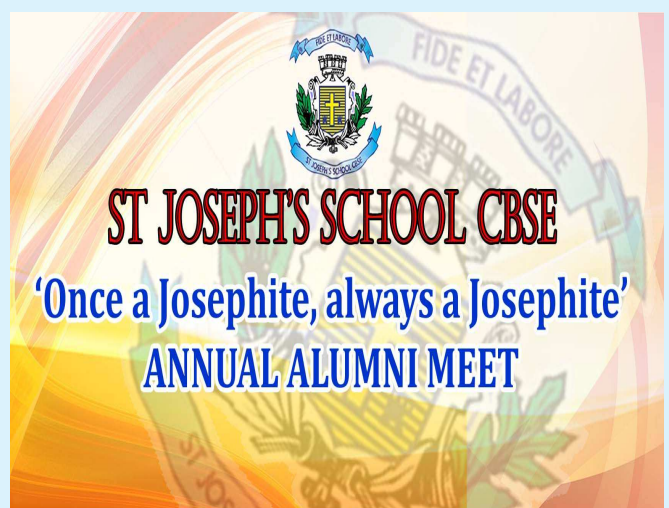


On the occasion of National Heritage and Integration Day virtual programme was organized 19 November. The aim of this event was to create an awareness about the importance of the cultural heritage of our country and its preservation.

The programme began with a prayer song and the introduction of the Heritage Day and invocation prayer song. The importance of our Heritage and monuments was shared by the students of Class 9. An engrossing documentary giving a brief detail of monuments and the rich culture from different parts of India, followed by students dressed in the different attire of all the states showcasing the feeling of oneness in diversity.

A classical dance on unity in diversity was presented. The virtual programme concluded with a spectacular presentation on how to save our heritage by the students of Class-5.

OLD STUDENTS' ASSOCIATION INAUGURAL and ALUMNI MEET

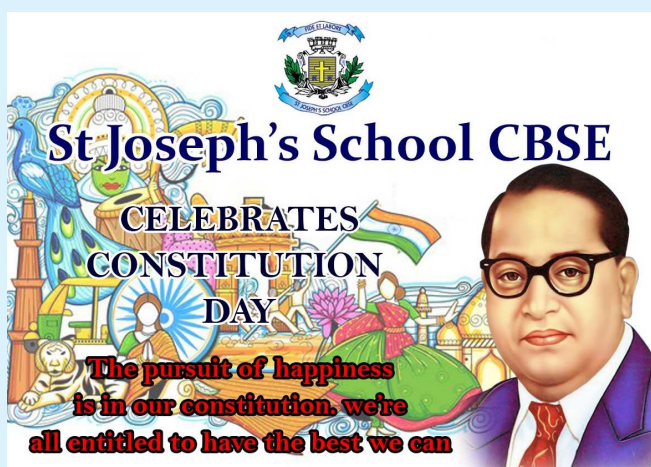


The inaugural programme of The Old Student's Association and the First Alumini Meet was organised virtually on 12th December, 2020. The chief guest for the day Rev Fr. Henry Saldanha SJ addressed the students as the historic batch and further in his speech he inspired the students to imbibe the Josephite values and discipline. The new council members

of the alumni were elected as follows. Vice President- Jnaneesh Bopanna, Secretary- Shirley Evangeline and Treasurer- Rishita Kaladharan. The CBSE Class 10 Board Examination toppers of the School – G. Anusha, Rolwin Cardoza and Jnaneesh Bopanna were felicitated.

The Rector of SJII, Rev Fr. Joseph Rodrigues SJ and The Principal, Rev Fr. Rohan D' Almeida and the PTA Vice-President, Mr. Kamal G, in their address to the alumni and appreciated them for securing 100% results and making the school proud; also urged the alumni to be service oriented, excel in their careers, be a compassionate human being and as an Josephite alumni to return to the Alma mater with love and generosity.

CONSTITUTION DAY



The existence and successful survival of Democracy in such diverse conditions is the most celebrated fact about our country and constitution is its backbone. Constitutional day was celebrated virtually on 26th November by the students of our School.

The programme formally commenced with a warm introduction, followed by prayer for the prosperity and wellbeing of the country during this pandemic. The preamble of Constitution was presented. A specially curated video was presented to enlighten the students about the Indian constitution. The culmination talk by our special guest speaker Mrs. Ashwini M. Hattiholli B.Com, LLB serving as 21st Additional Senior Civil Judge, Court of Small Causes, Bengaluru was informative.

The message from the Principal, Fr Rev. Rohan D' Almeida took us on a journey of the Indian Constitution from its history to its present-day form and its vital role to bring together an idea called India.

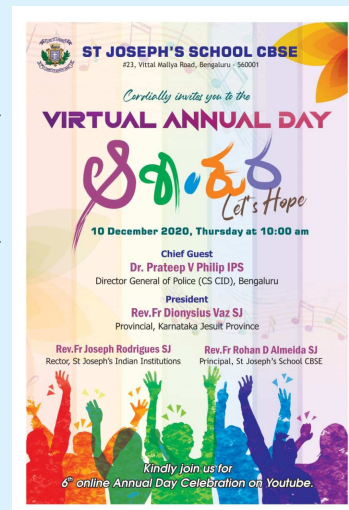
ANNUAL DAY

Annual Day is an occasion that spreads joy and provides a platform for students to exhibit their talents and build their confidence. St. Joseph's School CBSE celebrated its sixth Annual Day on 10th December, 2020 with great zeal and enthusiasm on a virtual platform. The theme was "HOPE" which was presented meticulously through spectacular

performances by the students from pre-primary to Class-10.

The esteemed Chief Guest for the Annual Day was Dr. Prateep V Philip, IPS. The occasion was graced by the presence of Rev Fr Provincial, the President of our school's Annual Day, Rev Fr Dionysius Vaz SJ who delivered a captivating speech. This was followed by an inspiring speech by our Rector, Rev. Fr. Joseph Ignatius Rodrigues SJ who inspired us with his words of wisdom. The Annual Report was presented by our Principal, Rev Fr. Rohan D' Almeida SJ who highlighted the school's achievements and milestones in academics, sports and co-curricular activities.

The program was centred around Jesuit values and Universal Apostolic Preferences of youth character formation. This was conveyed through a meaningful narration. The programme was followed by spectacular performances; the students displayed an array of performances in the form of singing, dancing, instrumental, art, photography, fancy dress, elocution, wealth out of waste, planting a sapling, mime and Tableau. A short video presentation 'Hope in Quarantine' was also displayed by the students. The performances delivered a strong and thoughtful message to the audience which is relevant to the current unprecedented times.



CHRISTMAS



Christmas season brings in an air of joy and stirrings of happiness & smiles beautifully re-kindled the warmth of Lord's presence! St. Joseph's School CBSE came together this December to rejoice and spread the joys of the season of Christmas. The staff gathered together on 23rd December, for the institutional and unit wise celebrations which were organized by St. Joseph's School CBSE.

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The wonderful celebration had a string of Christmas carols, dance performances, skit, and games. Rev Fr Dionysius Vaz SJ, The Provincial, Karnataka Jesuit Province and Rev. Fr. Joseph Ignatius Rodrigues SJ, The Rector of SJII, addressed the staff with a Christmas message, followed by the Prize Distribution for all the winners of Christmas competitions.

School celebrated Christmas with the students virtually on 24th December, presenting different cultural performances by students & staff.

JESCOL SEMINAR



A JESCOL seminar 2021 was organized by the heads of St Joseph's Indian Institutions for the staff, in the School Auditorium on 30th January 2021, to understand the purpose of collaborating as a Jesuit family.

The resource persons for the day were Fr Jossie D'Mello SJ (Professor of Ignatian Spirituality) and Fr Olvin Veigas SJ (Professor of Theology).

Fr Olvin Veigas spoke about the Jesuit Education Heritage in history from the Prism of Ratio Studiorum it was very informative session and was an epiphany of discernment in life's journey.

The second session was taken up by Fr Jossie D' Mello SJ, who spoke about the Ignatian Spirituality and explained how it is an universal appeal which is meant for all.

The seminar served as a guide for the staff to be conscious of their role and responsibilities in following the footsteps of St. Ignatius of Loyola in making right decisions.

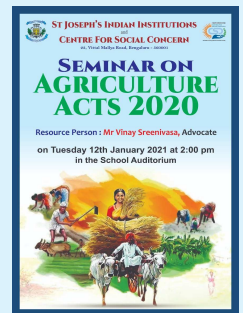
HUMAN RIGHTS SEMINAR



A Seminar on 'Human Rights' was conducted on 26th February for the students of Class 8 in our school. The seminar was intended to make students aware of the twelve basic yet important human rights and also to recognize the areas where these rights are violated. The resource persons Br Arbin Ekka, Br Austin Rodriguez and Br Stanislaus Turkey conducted the seminar precisely being mindful of the student's age level. The seminar was an initiative taken in making our students responsible citizens of India.

SEMINAR ON AGRICULTURE ACTS

St Joseph's Indian Institutions in collaboration with Centre for Social Concern organised a seminar for all the Staff on 12th January 2021 in the School Auditorium. Mr Vinay Sreenivas, advocate was the Resource person. He briefed all the staff on the highlights of the Agricultural Acts 2020 and emphasized on the need for our participation in solidarity with the farmers, who are the backbone of our country.



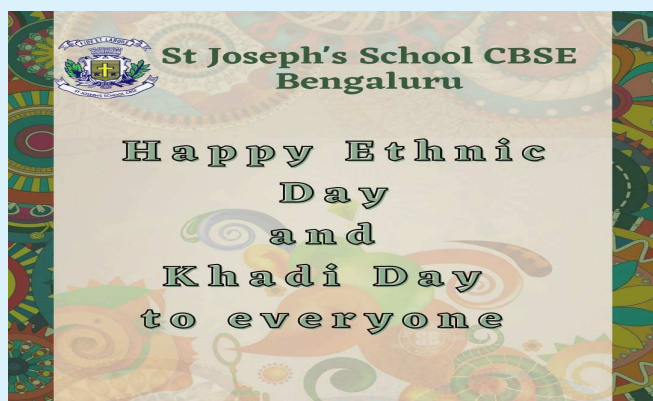
VIRTUAL MARATHON



St Joseph's School CBSE along with Ants Hunt Limited conducted a Virtual Marathon for the very first time! The event took place from 26th January, 2021 to 31st January, 2021.

The main cause of this marathon was to support the people of North Karnataka by raising funds for them. The event went with the theme #Run4Health #Run2Help. We were proud to have the support of news channels publishing this event and also a short promotion video by an ex Josephite; Mr Rahul David - Present coach of the under - 19 boys National Cricket team and Former Indian Cricket player. Schools from all over the city of Bangalore was invited and people from the age of 8 and above participated enthusiastically. The event was a grand success and was appreciated by all.

ETHNIC AND KHADI DAY



SJS CBSE celebrated its first ever Virtual Ethnic and Khadi Day on 19th February. The celebration paved an open opportunity to celebrate the ethnicity from across the nation which would nurture the young minds to embrace the diversity and respect their traditional culture.

The celebration began with an inter-religious prayer service seeking the blessings from the Almighty.

Students from Class 1 to 8 enthusiastically took part in an array of activities such as fancy dress, display of cuisines from across the country and dance which depicted the tradition and culture of different states.

The programme culminated with a melodious song 'We are unity' by the staff followed by a wonderful message by our beloved Principal Rev Fr. Rohan D'Almeida.

WEBINAR FOR PARENTS ON NATIONAL EDUCATION POLICY

A webinar on New Education Policy 2020 was organized on 27 February 2021 to enlighten the parents about the significant changes in the curriculum. The resource persons for the webinar were Ms. Aarthi Dinesh, and Ms. Deepa Anand, Academic Heads of Sri Sri Ravishankar Vidya Mandir (SSRVM) Bangalore East.

St Joseph's School CBSE
#23, Vittal Mallya Road, Bengaluru - 560001
Webinar for parents
National Educational Policy 2020
On Saturday, 27th February 2021 at 10:00 am
Resource Persons
Ms. Aarthi Dinesh
Academic Head
SSRVM Bangalore East
Ms. Deepa Anand
Academic Head
SSRVM Bangalore East
Join us on Microsoft Teams by scanning QR Code or by clicking the link
<http://bit.ly/2P8ocnd>
Principal
Rev Fr Rohan D'Almeida SJ
St Joseph's School CBSE

The key elements of NEP 2020 were highlighted and the transformational reforms that the policy aims for the school, student, teachers and the higher education were explained too. The webinar briefly touched upon the significance of NEP among the students in each stages, the assessment for learning and application of knowledge among the assessment in schools all over the country. The resource persons highlighted the cognitive skills and skills development in children, the S.T.E.A.M (science, Technology, Engineering, Art and Math) model and its approaches, Physical and motor development,

Nutrition and its importance of healthy eating behavior at schools and for students. It was a very informative webinar which was well explained to the participants.

INTERNATIONAL WOMEN'S DAY



Beloved Principal Rev. Fr Rohan D'Almeida and all the male staff members took the initiative to organize the International Women's Day celebration on 8th March, to honour the women staff members.

The boardroom was well decorated and the women staff were welcomed with a flower and chocolate by Fr Principal and Fr Rector. The chief guest of the day was Mrs. Shalini Anthony Das, an eminent personality who is working at the Directorate of Exams, Karnataka State Secondary Examination Board.

Fr. Principal in his speech expounded the commitment and professionalism of its women staff in these challenging times and he recognized the contribution of the women work force at SJS CBSE. Fr. Rector in his speech shared the testimonials of the women staff members of various Jesuit Institutions from all over the world and expressed how this world would have been without the women through a song. Br. Mark gave a solo vocal performance which was just brilliant and captured the moment. The celebration concluded with the presentation of a memento to the women staff followed by a sumptuous lunch.

COVID AWARENESS

A webinar on Covid-19 Awareness was organized for the students, their parents and staff on 3rd November. The resource person was Dr. Gayatri Sasikumar, Assistant Professor, Department of Anesthesiology, MS Ramaiah Memorial Hospital.

Dr. Gayatri Sasikumar gave clear guidance for prevention, early detection and control of COVID-19. She encouraged the audience to set a routine and keep themselves fit with regular exercise and by playing games which do not involve close contact. The

St Joseph's School CBSE
23, Vittal Mallya Road, Bengaluru
Cordially invites you for a webinar on
Covid Awareness
For parents on Wednesday 4th of November from
4:00pm to 5:00pm
Resource Person
Dr. Gayatri Sasikumar
Assistant Professor, Department of Anesthesiology
Ramaiah Medical College & Hospitals,
D.L.D.M. Fellowship in Pediatric Anesthesia,
Secretary, Rotary BNY Central, Bangalore
Organized by
Rev Fr Rohan D'Almeida SJ,
Principal, St Joseph's School CBSE.

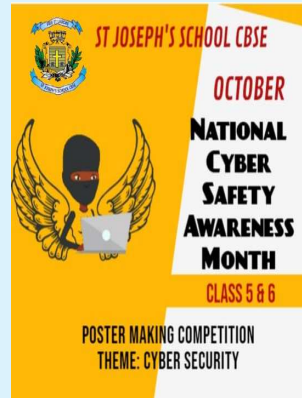
NEWS AT A GLANCE

resource person also threw light on the misconceptions which are associated with the pandemic and clarified doubts through a question and answer session.

CYBER SAFETY AWARENESS

The month of October is globally marked as the National Cyber Safety Awareness Month (NCSAM) to educate people about the importance of cyber safety.

A few online competitions were organized for students from class 5 to 10 as part of the sensitisation campaign which help them in using the internet prudently.



MAKARA SANKRANTHI



Makara Sankranti- a cultural and traditional festival which marks the arrival of spring season was celebrated in January at school; campus was creatively decorated to resemble the colorful traditional arrangements to mark this joyous occasion.

The Principal Rev Fr. Rohan D' Almeida in his message highlighted the importance of the festival and remembered the contribution of our Farmers who toils hard to provide food for the nation also expressed his concern for their wellbeing. A video presentation which had clippings of students doing various activities pertaining to the festival was shared.

REPUBLIC DAY



The 72nd Republic Day was celebrated on 26 January 2021, with a feeling of patriotism and pride in glorifying the spirit of unity on virtual platform.

The programme began with a prayer followed by the responsorial singing "Into the heaven of freedom my father let my country awake"

The Principal, Fr. Rohan D'Almeida along with teachers offered floral tribute to Dr. B. R. Ambedkar. The celebration was echoed with patriotic fervour as the teachers danced to the tunes of patriotism and the students shared the significance of the day. The programme was highlighted by the creative, heart touching shadow play, by the teachers depicting a few phases of our country from the birth of Indian constitution to the present times. Pledge was taken by the teachers to uphold the honour and integrity of the country. Fr. Rohan D'Almeida through his message made the children aware that the future of their country lies in their hands, the religion in the constitution is human religion and one needs to abide by the constitution and respect it. Uphold and protect the sovereignty and integrity of the nation, promote harmony and fulfill the dreams of Dr. B. R. Ambedkar.

The students of LKG and UKG participated in Fancy dress activity, related to Republic day and Constitution of India, highlighting the glimpse of unity of the nation.

Republic Day - the celebration of one country, one people and one humanity came to an end with the utmost completeness in the heart of everybody.

WEBINAR - ORIENTATION TO LIFE SKILLS

A webinar on "Orientation to life Skills" was organized by St Joseph's school CBSE for the parents of Class 9 and 10 on the 17th October, 2020.

The resource person for the webinar was Ms Sheela Balan, the School counsellor, who provided the highlights of life skills covering the 10 modules. She also emphasized on the importance and the benefits of life skills.

HOW WELL COULD YOU MANAGE TIME WHILE LEARNING REMOTELY?

It has helped in setting aside all distractions, provides flexibility among other benefits and aids in making the task of completing assignments easier.

Arya Uday Singh, Class 10

It has given me the ability to have the best of both worlds in a way, building a strong willpower to eliminate all distractions and build self-discipline. It enabled me to manage time effectively.

Raaida Esa, Class 10

Looking closely at the present scenario, made me more self confident and help me to aspire for better grades. This amounts to self mastery and a real understanding about how wisely I was able to use my time amid the day.

Luth Sanal A., Class 9

ಶಿಸ್ತುಬದ್ಧ ಹಾಗೂ ಆಧುನಿಕ ತಂತ್ರಜ್ಞಾನದ ಮೂಲ ಸೌಕರ್ಯಗಳನ್ನು ವಿದ್ಯಾರ್ಥಿಯು ಹೊಂದಿರುವುದಾದರೆ ಮಾತ್ರ ದೂರಸ್ಥ (ಆನ್‌ಲೈನ್ ತರಗತಿ) ಕಲಿಕೆಯ ಎಲ್ಲಾ ಅನುಕೂಲಗಳನ್ನು ಪಡೆಯಬಹುದು. ಶಾಲಾ ಪ್ರಯಾಣದ ಸಮಯವು ಸಂಪೂರ್ಣವಾಗಿ ಕಡಿತಗೊಳ್ಳುವುದರಿಂದ ಹೆಚ್ಚಿನ ಸಮಯವನ್ನು ವ್ಯಾಸಂಗಕ್ಕೆ ವಿನಿಯೋಗಿಸಿಕೊಳ್ಳಬಹುದು, ಆದರೆ ವಿದ್ಯಾರ್ಥಿಯು ತನ್ನನ್ನು ಸಂಪೂರ್ಣವಾಗಿ ಕಲಿಕೆಯಲ್ಲಿ ಆಸಕ್ತಿಯಿಂದಾಗಿ ತೊಡಗಿಸಿಕೊಂಡಾಗ ಮಾತ್ರ ಆನ್‌ಲೈನ್ ಕಲಿಕೆ ಶೇಕಡ ನೂರರಷ್ಟು ಪ್ರಯೋಜನಕಾರಿಯಾಗಲಿದೆ. ಆದರೆ ಕಲಿಕೆಯಲ್ಲಿ ಬೌದ್ಧಿಕವಾಗಿ ಹಿಂದುಳಿದಿರುವಂತಹ ವಿದ್ಯಾರ್ಥಿಗಳು ದೂರಸ್ಥ ಕಲಿಕೆಯಿಂದ ಉತ್ತಮ ಗುಣಮಟ್ಟದ ಶಿಕ್ಷಣ ಪಡೆಯಲು ಹಲವು ಸವಾಲುಗಳನ್ನು ಎದುರಿಸಬೇಕಾಗುತ್ತದೆ ಎನ್ನುವುದು, ನನ್ನ ಅನಿಸಿಕೆ. ವಾಸ್ತವಿಕವಾಗಿ ಶಾಲೆಗೆ ಹೋಲಿಸಿದರೆ ದೂರಸ್ಥ ಕಲಿಕೆ ವಿದ್ಯಾರ್ಥಿಗಳ ಕಲಿಕಾ ಕೌಶಲ್ಯಗಳನ್ನು ಕುಂಠಿತಗೊಳಿಸುತ್ತದೆ. ಶಿಕ್ಷಕರ ಉತ್ತಮ ಮಾರ್ಗದರ್ಶನದಿಂದ ದೂರಸ್ಥ ಕಲಿಕೆ ಫಲಕಾರಿಯಾಗಲು ಸಾಧ್ಯ.

ಶ್ರೇಯಸ್ ಎಸ್ ಪಲನೀರ್, 9ನೇ ತರಗತಿ ವಿಭಾಗ ಬಿ

आप दूरस्थ रूप (ऑनलाइन) से सीखते हुए समय का कितना अच्छा प्रबंधन कर सकते हैं ?

शिक्षा किसी भी विद्यार्थी के विकास के लिए अहम भूमिका निभाती है। वैश्विक महामारी कोरोना के कारण जब पूरी पृथिवी हतप्रभ, त्रस्त थी, तब ऑनलाइन शिक्षा एक नई रोशनी के रूप में हम सभी विद्यार्थियों के लिए एक वरदान होकर आई। शुरुआत में हमें इंटरनेट की दुनिया में अपने आपको ढालने के लिए थोड़ी समस्या हुई, परंतु खूब कम समय पर ही हम सब इसमें ढल गए। सब कुछ प्रत्यक्ष था.....हम हमारे अध्यापक-अध्यापिकाओं को वेब कैमरा के जरिए देख-सुन और प्रश्न भी पूछ कर शिक्षा ले रहे थे। इससे विद्यालय आने-जाने के तीन चार घंटे बच रहे थे। यही समय हम विश्राम लेकर फिर तरोताजा के साथ सुबह पढ़ाए गए पाठ का रिकॉर्डिंग द्वारा दोबारा अध्ययन करते थे और स्वाध्याय भी करते थे। निष्कर्षतः इतना कह सकते हैं कि इससे समय का सही उपयोग हो रहा था।

माणिकावल्ली, कक्षा: दसवीं 'अ'

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